

Seelie Apothecary
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*Western Eclectic Herbal Healing Shop
&
Research Center*



Herbal Apothecary

List of Herbal Remedies held in the Apothecary



Black Walnut

Physical Ailments: A specific for hypothyroidism (low thyroid function). A digestive aid and bowel stimulant in instances of a weakened/under-functioning digestive tract, where the action of the muscles has been compromised, and waste material is not being properly moved through and flushed out of the system. A potent anti-fungal and anti-parasitic for the digestive tract, specifically in cases of toxic overload, leaky gut syndrome, and irritable bowel syndrome. Also a potent anti-worming agent (ringworm and pinworm). Used

traditionally as a hair tonic and for treating cases of scalp disease. Darkens the color of the hair, and improves its overall sheen and vitality.

Psychological Indications: Finds an affinity for those who are beginning a new stage in life, a new beginning, yet who are unable to break old habits, patterns, and bonds. These include (but are not limited to) children who find it difficult to transition away from home, as well as those who have recently lost a loved one in a tragic event, and who are finding it difficult to move on from the emotional turmoil of the loss.



Dandelion

Physical Ailments: Employed as a digestive bitter, assisting in the digestive processes by stimulating the flow of digestive juices (saliva, bile, etc.) and increasing the action of the muscles of the upper and lower digestive tract. Used in the treatment of indigestion and acid reflux. A tonic and a deep-body cleanser used to clear the system of toxic build-up, particularly in cases where excess metals have been built up throughout the body. High in vitamins and minerals, i.e. replenishes lost nutrients. Acts upon the kidneys by stimulating urine flow. Used in the treatment of menstrual cramps, i.e. to bring on uterine

contractions and to stimulate menses *(note: may be counter-indicated in pregnancy). Used in cases of chronic infection and inflammation of the eyes, ears, neck, sinuses, and root canals of the teeth.



Goldenrod

Physical Ailments: Employed in the treatment of secondary conditions/symptoms upon the skin that arise as a result of an underlying dysfunction/wasting away of the kidneys, i.e. the kidneys are not able to filter properly, which in turn leads to dysfunction of the bladder and urinary tract. Employed as a treatment for urinary tract and bladder infection, as well as nephritis (inflammation within the kidneys). A time-honored wound-healing substance, used to both stay the blood (internally and externally) as well as an antiseptic to clean out infections, particularly those of the festering kind, up to and including gangrene. A respiratory remedy which finds an affinity for disorders of the respiratory tract as well as the oral and nasal cavities, particularly in cases presenting with excessive and chronic mucus/phlegm production and discharge. A potent seasonal allergy remedy, and a specific for cat allergies and hay fever. Also used as a gastrointestinal aid to assist in digestion by stimulating stomach secretions and relieving nausea, vomiting, stomach spasming, diarrhea, and hiccups (employed in cases of food poisoning to treat such symptoms). Also put to use as a diaphoretic to induce sweating during cases of chronic fever, as well as an anti-inflammatory to treat swelling and/or soreness due to bruises, muscle fatigue, and pain and swelling caused by arthritis.

Psychological Indications: Has an affinity for those who strive to reach their goals, yet who become physically and mentally exhausted as a result of difficulties encountered while doing so, which in turn leads to discouragement and a failure to follow through due to procrastination, a loss of desire, and/or extreme physical exhaustion and subsequent breakdown in the body. Also finds an affinity for those who have suffered an extreme emotional reaction and subsequent trauma due to an instance of sudden shock, stress, or disappointment. Also has a particular affinity for children, in that it acts to assist in bone and muscle maturation in cases wherein there is a failure to thrive.



Mugwort

Physical Ailments: A broad-spectrum remedy for disorders of the reproductive system in females. A specific in cases of a breeched birth, e.g. assists in turning the baby to the proper position. A birthing aid used to soothe the pains of afterbirth in the mother, and as a warming agent for the child itself. Used as a female orthopedic aid to treat female backache and knee-ache, as well as in cases of excessive menstruation. Employed as a gastrointestinal aid in cases of internal parasitic infection as well as obstructions in the digestive tract. Also used to treat cases of pleurisy (inflammation of the tissues that line the lungs and the chest cavity). Used as a nervine in the calming of hysterics, spasms, and palpitations of the heart.

Psychological Indications: A potent dream-enhancing agent, one that increases the vibrancy of dreams as a means of more deeply understanding the nature of the thoughts and feelings that lie suppressed in the subconscious and unconscious aspects of the mind. Employed as a purifying aid/smudge to clear away any negative energy and subsequent negative emotions that may be associated with the recently deceased, i.e. clears the air as well as the head, and assists both the mourner as well as the deceased in moving forward. May be employed specifically for corpse handlers, e.g. morgue attendants and autopsy technicians.



Prickly Lettuce

Physical Ailments: A potent nerve sedative and muscle relaxant. Employed in cases of pinched nerves and tight/aching muscles. A specific for those who suffer from a feeling of chronic internal cold, chills, and subsequent constriction in varying areas of the body, particularly in the abdomen, back, limbs, and extremities. Can assist in cases of infertility in women in which such symptoms of chronic internal cold are present.

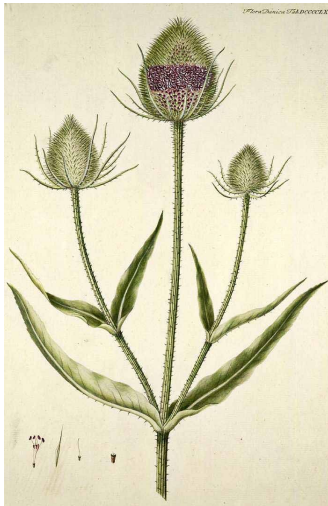
Psychological Indications: Finds an affinity for those whom have suffered through long periods of extreme emotional hardship and/or dehumanizing experiences, leading to a coldness and a gradual deadening of the personality. Proven useful for those who exist in a frequent state of worry and concern over things that have no true basis in reality.



Stinging Nettle

Physical Ailments: A highly nutritive plant employed in the treatment of anemia and low blood pressure. An anti-rheumatic and a tonic that is used to treat arthritic and rheumatic conditions, as well as sciatica, nerve paralysis, stiff joints, varicose veins, and weak/sagging muscles. A kidney/urinary tract remedy employed in the treatment of stones/calcifications found in these particular areas of the body. Used to treat hemorrhoids and swollen/enlarged prostate. An astringent/drying agent used to treat excess mucus discharge from the sinuses. Proven helpful in cases of 'creepy, crawly' sensations on the skin, as well as

in the treatment of insect stings (in cases where there is no foreign substance, such as a stinger, injected beneath the skin).



Teasel

Physical Ailments: A specific in the treatment of Lyme disease. Employed as a treatment for chronic joint, tendon, cartilage, and muscle pain and stiffness throughout the body, particularly in cases wherein a previous injury occurred in these parts of the body. Employed in the treatment of nerve injuries and irregularities.

Psychological Indications: Used to 'restore what is broken', i.e. for those who have either side-stepped their true callings in life, or have a tendency to continually rush head-long into things, suffering physical and/or mental injury and trauma as a result. Used in cases wherein chronic (long-standing) pain/breakdown and/or a state of illness in the body have caused trauma to an individual's personality, i.e. the personality seems to be 'replaced' by another, one that acts quite irrationally and with constant suspicion towards the intentions of others.



Wormwood

Physical Ailments: Used to treat a wide array of disorders in the female body, particularly in the area of the reproductive system wherein there is a chronic buildup of toxic material and subsequent infection. Used as a treatment for leucorrhea. Finds a particular affinity for complications during pregnancy, including morning sickness and threatened miscarriage. A potent gastrointestinal aid, used to flush out deeply seated toxins in the digestive tract. A specific for the treatment of intestinal parasites and worms. Acts as a digestive bitter to stimulate the flow of digestive fluids, and to treat such digestive disorders as intestinal inflammation, leaky gut syndrome, diarrhea/bloody diarrhea, indigestion, and constipation. Also employed in the treatment of jaundice, as well as for cases of obesity and edema (swelling of limbs due to excess buildup and stagnation of fluids). Also used to restore lost appetite as well as to prevent over-eating (when taken prior to a meal). Finds an affinity for those whose internal systems have become so overloaded with toxins that the external parts of their bodies present with weepy and foul-smelling pustules and sores, as well as strong odors emanating from the oral cavities (ex. halitosis). Used externally as an insecticide (lice & fleas). Employed as a nervine to treat nervous system disorders, including epilepsy (soothing in cases of an overactive nervous system).

Psychological Indications: Employed in the cases of those who suffer from chronic internal toxic overload and illness to such a degree that it leads to a deadness or a 'retreating' of the personality - as if the normal personality has faded into the background, having been replaced by another. Those who experience this state of mind tend to become very guarded in nature, seeking to insulate themselves, subsequently developing into very suspicious individuals, as logic and reason tend to become greatly distorted, leading to irrational modes of behavior. As part of this, there is an overall weakening in the will and in the desire to take part in the daily activities of life. This, in turn, leads to a dulling of most (if not all) of the individual's senses.



Yarrow

Physical Ailments: A potent blood medicine and wound-healing substance employed in the treatment of injuries of all kinds, particularly in cases of deep, gushing wounds (cuts that go down to the bone). Finds an affinity for external as well as internal bleeding - internal hemorrhaging/bleeding, blood bruises, bleeding hemorrhoids, bloody diarrhea, menstrual flooding, bloody nose. Assists in the resetting of bones that have suffered damage as a result of an injury. Also used to induce blood flow and to move stuck or stagnant blood, internally and externally, particularly in cases of internal cysts in the colon, bowels, and the uterine tract. Used as a

remedy in cases of excessive fever, i.e. acts to induce sweating and release deeply seated toxins from the body. Used in the treatment of seasonal colds, particularly in children.

Psychological Indications: Finds an affinity for those who are accident prone, i.e. suffering constant injury. Also used in cases wherein chronic (long-standing) stuck, stagnant, and repressed emotions and feelings have led to a state of 'spaciness' in the mind. Helpful for those who tend to 'bleed' their feelings and emotions off into others, unknowingly losing and/or transferring off parts of themselves in the process.